

Feelings List 1

<p>GLAD happy excited hopeful joyful satisfied delighted encouraged grateful confident inspired relieved touched proud</p>	<p>SAD lonely heart-broken troubled helpless gloomy grief distant despondent discouraged distressed dismayed disheartened disappointed depressed</p>	<p>MAD angry upset aggravated exasperated frustrated irritated agitated furious enraged hostile bitter pessimistic gloomy resentful disgusted</p>
<p>TIRED exhausted inert lethargic indifferent listless weary overwhelmed apathetic withdrawn helpless heavy sleepy worn-out burned out</p>	<p>SCARED afraid fearful terrified startled nervous panicky jittery horrified anxious worried anguished lonely</p>	<p>CONFUSED perplexed hesitant troubled uncomfortable torn ambivalent embarrassed hurt uneasy irritated fidgety frustrated overwhelmed</p>
<p>PEACEFUL tranquil calm content engrossed absorbed expansive serene loving blissful satisfied relaxed</p>	<p>LOVING warm affectionate tender appreciative friendly sensitive compassionate grateful nurtured amorous trusting</p>	<p>PLAYFUL energetic effervescent invigorated zestful refreshed stimulated impish alive exuberant giddy adventurous</p>